

Lisa's Chilled Beet Salad

A great dish for early in the season when the temperatures are hot and the beets are small!

Serves: 3-4 Adults

Ingredients:

- 6-8 Beets
- One small sweet onion or 3-4 scallions
- Feta cheese
- Balsamic vinegar

Directions:

- Boil beets in salted water for 10-15 minutes or until they are tender, oven roasting for a slightly longer period also works.
- Cool beets, then slice.
- Slice the onion and place pieces over the beets.
- Crumble 4 oz. of sheep or goat's milk feta cheese atop the beets.
- Chill the entire salad for at least 30 minutes.
- Take salad out of refrigerator and sprinkle it with freshly cracked black pepper and a drizzle of balsamic vinegar.